



Arlington Garden Gossip

THE LATEST NEWS FROM THE SIX RESIDENTS AT THE ARLINGTON PROJECT



Rodney went on holiday to Alcudia in Mallorca in October last year and Linda went along with him. They were both lucky enough to have got lots of sun while they were there.



Recently, Rodney has got back in touch with an old friend who used to live at the Arlington project.

Rodney went along to the Daylight Summer Party on 7 June. He even managed to get a couple of dances with Linda.

Since November last year, Rodney has had a new flatmate. His name is Peter Chaudhry

Linda has started a new College class at the Daylight Centre. She chose a music class, which she enjoys.



As well as this, Linda goes to the “singing for the brain” session on Friday mornings. Her tutor says that Linda is always enthusiastic in the group.

Linda also makes sure she has her hair styled and fingernails painted regularly. She visits her local hair salon every week.

Last September, Annette started some new college classes at City Lit. On Monday afternoons she goes to Theatre Studies and on Fridays she attends the Health Studies class.

Annette has joined the Line Dancing group at

Canonbury Community Centre. She goes there every Wednesday afternoon with Peter Goudge.



Annette is going on holiday to Edinburgh in June. While she’s up there she will also be going on a day trip to Glasgow. Scotland is very dear to Annette.

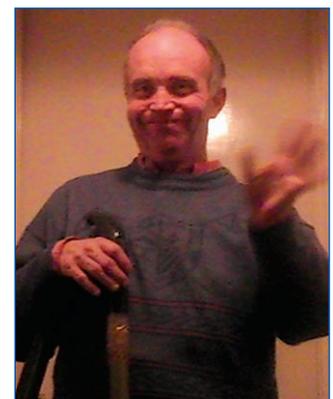
Peter has recently started some new College classes that City and Islington College have based in the Daylight Centre. Peter had initially chosen a music class but then changed his mind and opted for the art class instead. He has brought some of his work home and it is very creative and colourful.

Peter is getting quite good with his moves at the Line Dancing group. He practices with Annette.

He has also managed to watch his favourite team recently at a few home games at the Emirates Stadium.

Peter is hoping to visit his brother again, in South Africa. This time he will be travelling there by himself. He will of course receive help and support from staff at Heathrow and Johannesburg Airport, as well as from British Airways staff.

Peter had hoped to celebrate his birthday on 8 June with his brother but instead celebrated it with the other service users at Arlington.



Murat went on holiday to Cyprus last November – the first time he had flown and the first time he had travelled outside the UK. Murat said he'd had a most amazing time and he was



delighted to find out what the local culture and traditions were like in Limassol and Nicosia. Next time he says he'd like to visit Turkey.

Murat has started a Literacy class at City Lit. He is attending there two days a week and is applying

himself well to his studies. He is determined to keep up with the coursework and always strives to ensure his homework is ready to give to his tutor at his next class.

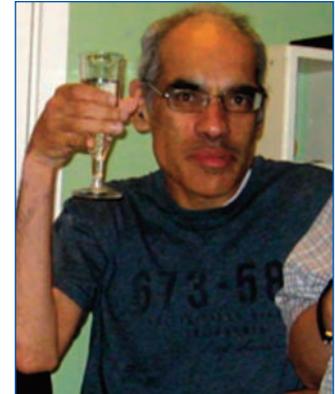
Murat recently applied for a position of gardening assistant at the Student Campus for North London University. He went along for an introductory interview. Unfortunately, the second interview has not yet happened. It is hoped this will take place soon.

He is very eager to gain experience within a working environment, as this could aid him in his search for employment.

Murat will also be running in the 5k run at the sports event at Highbury Fields on 13 July. This

event is hosted by Islington Council. Murat wants to do a sponsored run, though he hasn't yet told us which charity he'd like to be sponsored for.

As mentioned earlier, Rodney now has a new flatmate. His name is Peter Chaudhry. Peter came to live at Arlington on 27 November last year.



Peter has started attending some social activities with the opportunity to meet others. On Monday evenings he attends the dance group at the Daylight Centre. On Wednesday evenings he goes to O'Neils pub and spends time with the Mencap Social group. And on Thursday evenings Peter again joins with the Mencap Social group, this time in St Mary's Church.

We are still getting to know what Peter particularly likes doing and what interests he has. Peter has told staff that he is a fan of Cliff Richard and Glen Campbell. He also enjoys playing cards and jigsaws. Peter has settled in to sharing the flat with Rodney. As we get to know Peter better, hopefully we'll learn what other interests and activities he enjoys.

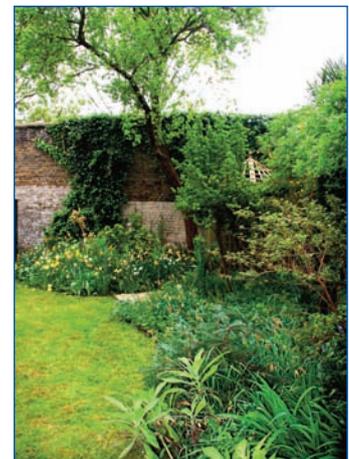
All the service users have been visiting the Arlington Square gardens and have all commented on how amazing the square is looking. All have expressed interest at the new palm trees that have been put in the square

We would also like to extend our gratitude to Gordon, Paul and all the other volunteers who have created a beautiful setting in the Arlington

Project garden for the service users and staff to enjoy – and we love the olive trees they have supplied for outside our front doors.

Finally we would like to say a big thank you to Catherine and Clive, our neighbours two doors down, for creating and looking after our window boxes.

Please enjoy these pictures of our garden.



PHOTOS: JEFFERY PIKE